



# Changing Patient Behavior: Improving Outcomes in Health and Disease Management

*Richard Patterson*

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**Changing Patient Behavior: Improving Outcomes in Health and Disease Management** Richard Patterson

This comprehensive anthology on disease management focuses on integrating health behavior change strategies into disease management practices. Changing Patient Behavior offers a solid, systematic approach to developing and implementing strategies to influence the patient's behavior in the context of health and disease management programs.

Nationally known disease management authority Richard Patterson has assembled a stellar lineup of contributions from fifteen major health experts, creating an indispensable guide to making the patient integral to the management of his or her own health. Richard Patterson is executive vice president, director of development for HealthAnswers, Inc., a business-to-business health management and wellness services company.

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