

# **Appreciating Mom Through the Lens of Alzheimer's: A Care Giver's Story**

Don Mesibov

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Appreciating Mom through the Lens of Alzheimer's is an inspirational memoir that chronicles the challenges and cherished moments one man and his family share as they care for his mother in her final months. Uplifting, despite its subject matter, this is a delightful read even for those fortunate enough not to have experienced Alzheimer's in anyone close; yet it is extremely informative for those who are caregivers for a member of the family or a close friend.. Appreciating Mom through the Lens of Alzheimer's tells how Don Mesibov and his family turned what could have been a dark and dismal time in their lives into a wonderful opportunity to learn, grow, and celebrate life. An upbeat story of tenderness and sadness told with much humor and heartfelt emotion, it chronicles the challenges and joys of Don, Susan and their three children as caregivers for his mother, Rhoda, after she was diagnosed with Alzheimer's. It memorializes how Rhoda's warm, friendly personality and love of life were not defeated by the disease, even when it rendered her incapable of processing anything but the simplest of thoughts. Comprised of journal entries, emails, and other writings from the time Don and his family cared for his mom, Appreciating Mom through the Lens of Alzheimer's is not just a book based on a true story—nor is it a memoir about the past, written after the fact. It is the story, as it unfolded at that time, documenting actual conversations, anecdotes, and events only shortly after they originally occurred.



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#### **Drew Dube:**

Spent a free time for you to be fun activity to do! A lot of people spent their free time with their family, or all their friends. Usually they performing activity like watching television, gonna beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Will you something different to fill your free time/ holiday? Could possibly be reading a book is usually option to fill your free time/ holiday. The

first thing that you'll ask may be what kinds of guide that you should read. If you want to test look for book, may be the guide untitled Appreciating Mom Through the Lens of Alzheimer's: A Care Giver's Story can be great book to read. May be it is usually best activity to you.

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