



Nuts: More than 75 Delicious & Healthy Recipes

Avner Laskin, Danya Weiner

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Almond, Brazil nut, cashew, chestnut, hazelnut, macadamia, pistachio, walnut: while any nut's great gobbled straight from a bowl, they're all also delicious and healthy in so many dishes. These 80 recipes—illustrated with an array of luscious photos—showcase the mouthwatering versatility of nuts in cooking, from appetizers to restaurant-ready desserts. Enjoy spreads and sauces like Coconut Chutney; tasty sandwich toppers; vegetable-based delights such as Tabbouleh with Pistachios and Almonds; elegant entrees that range from Nut-Crusted Lamb Chops to Almond Chili Seafood Stir-Fry; and baked treats and sweets, including breads, savory pastries, ice cream, biscotti, and more. In addition there's valuable information on purchasing, storing, and roasting nuts, along with basic preparations for sweetening and salting them.

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