



# The Other Side of Me: memoir of a bipolar mind

*Julie Kraft*

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## **The Other Side of Me: memoir of a bipolar mind** Julie Kraft

Colour edition - In this unforgettable memoir, first-time author Julie Kraft takes readers on an intimate journey through her struggles and triumphs with bipolar disorder. No stone is left unturned. In baring her skeletons and soul, Julie offers a rare glimpse into a world that affects millions but is often misrepresented, feared, or hidden. It is Julie's greatest hope that in sharing her story she will open minds, shatter stigma, and offer hope to those walking a similar path.

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