



# A Lifetime of Good Eats: The Foods I Love to Cook and Share

*Holly Amidon*

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## **A Lifetime of Good Eats: The Foods I Love to Cook and Share** Holly Amidon

This is not merely a collection of recipes. It is also the story of a life well-lived. The tradition of breaking bread together has prevailed over the ages, proving that food is meant to be shared. Holly Amidon delights in cooking for and eating with others. In this book, she weaves together the tale of her life with the foods that she enjoys preparing for the people she loves. Most of the recipes are recognizable comfort foods, but often Holly puts her own spin on them and creates dishes that become family and friend favorites.

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