

Cooking with Herbs (Rodale's Essential Herbal Handbooks)

Tina James



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Cooking With Herbs discusses the most delicious use for herbs-as enhancements to culinary creations. With friendly advice and plenty of illustrated instructions, *Cooking with Herbs* covers the entire process of growing, harvesting, preserving, and cooking with a wide variety of herbs. The top 25 culinary herbs are easily-referenced in the A to Z directory, and herb garden designs are included to make growing herbs beautiful as well as flavorful. But the highlight of Cooking with Herbs is the recipe section, filled with more than 115 recipes utilizing a wide variety of herbs beyond the commonplace basil and oregano. Recipes range from Traditional Mint Tabbouleh to Roasted Asparagus with Chervil and Violets. Most importantly for the herb gardener, *Cooking with Herbs* is seasonal. The recipes and herbal calendar are arranged by season, allowing the reader to utilize each herb at the peak of freshness. There are also tips on terrific herb-food "marriages" which compliment the recipes. Every herb lover will appreciate this guide to creatively enjoying the abundance and flavor of their herb garden.

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