



# **Journal Your Travels: Vintage Old World Map Travel Journal, Lined Journal, Diary Notebook 6 x 9, 180 Pages (Travel Journals)**

*Journal Your Travels, Diary & Journal Press*

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## **Why keep a Journal?**

For ages, the wisest teachers in history have taught that Knowledge is Power, and to Know Thyself gives you Courage, Inner Peace, and Complete Control over your emotions.

To journal is to spend the time it takes to *really* get to know You...

To finally learn all the lessons that are hiding in your past experiences...

To record your most treasured memories...

To get crystal clear on Who You Are, so that you know where you stand in any situation... Because in order to go ANYWHERE and change ANYTHING in your experience of life, you have to first know EXACTLY where you're coming from.

Journaling is the key to unlocking the You that you're meant to be...

Emotionally Clear... Solid... Happy... and Peaceful...

Maybe you've got big things in your future, and Your Journal is how you'll take the incredible ideas spinning around your mind and organize them into the game plan that will guide you to success...

And as you fill page after page with the epic story of your life... as you record your own hero's journey, you will be writing a book that could one day inspire countless others and change the course of history...

Just look at the Diary of a Young Girl by Anne Frank!

We all have our own reasons to journal, whether it's simply to gain clarity...

- Weighing pros and cons of a certain decision privately...
- Helping you focus and untangle the knot of a particular situation...
- Increasing your self-awareness...
- Tracking your own progress (in fitness, diet, work, or some other project)
- Recording your dreams...

There are travel journals, wedding journals, creative journals, dream journals, to-do journals, goal journals, stream-of-consciousness journals--you name it!

Whatever your reasons for journaling, it's good to always have a few journals around for that moment of inspiration or the commitment you make spontaneously and want to follow up with.

It's also important to find the type of journal you like.

The right size, color, page layout, lines or no lines--whatever makes you happy and inspires you to write!

Journals make great friends in times of quiet and reflection, and are wonderful gifts for friends and family of all ages...

To keep a journal is to do the number one most important thing you can possibly do for your happiness in life...

Honoring Yourself by creating a safe space for your Secret Heart to express itself.

Give yourself or someone you love this wonderful gift!

***Scroll up and order Your Journal now!***

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**From reader reviews:**

**Frances Heath:**

Spent a free time and energy to be fun activity to try and do! A lot of people spent their spare time with their family, or all their friends. Usually they undertaking activity like watching television, planning to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your personal free time/ holiday? Could be reading a book may be option to fill your cost-free time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to test look for book, may be the e-book untitled Journal Your Travels: Vintage Old World Map Travel Journal, Lined Journal, Diary Notebook 6 x 9, 180 Pages (Travel Journals) can be excellent book to read. May be it may be best activity to you.

**David Lucero:**

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**June Weiss:**

The book untitled Journal Your Travels: Vintage Old World Map Travel Journal, Lined Journal, Diary Notebook 6 x 9, 180 Pages (Travel Journals) contain a lot of information on the idea. The writer explains your ex idea with easy means. The language is very clear and understandable all the people, so do certainly not worry, you can easy to read that. The book was authored by famous author. The author provides you in the new age of literary works. It is possible to read this book because you can keep reading your smart phone, or gadget, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site along with order it. Have a nice examine.

**Scott Schiller:**

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