



The Mental Locker

Tim Dixon

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The Mental Locker

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The Mental Locker Book is all about removing the lids from expectations and demanding more from yourself. You'll learn how to: -Use simple tools to **THINK BIGGER** -Create a **RELATIONSHIP WITH YOUR FUTURE SELF** -Design **THE PLAN** with detailed action steps to be ready -Ask the **TOUGH QUESTIONS** to find out what you really want, not what others tell you to want. If you want to see how far you can go in life, The Mental Locker Book is for you. Lets get to work!

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