

# Understanding and Treating Psoriasis and Psoriatic Arthritis: A Guide for Patients and Doctors using Integrative Medicine and Functional Medicine

Dr Alex Vasquez



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In this new book, Dr Vasquez updates and expands the information specific to psoriasis and psoriatic arthritis that was previously published in 2006/2007 in his textbook for doctors "Integrative Rheumatology." This new book on "Understanding and Treating Psoriasis and Psoriatic Arthritis" presents a unified science-based model of the disease and its treatment.

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