



# Art Escapes: Daily Exercises & Inspirations for Discovering Greater Creativity & Artistic Confidence

*Dory Kanter*

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## Inspire your creative spirit--everyday!

Whether you're a beginner or an experienced artist, *Art Escapes* provides the ideas and encouragement you need to discover greater creativity and artistic confidence, even when you're short on time. Professional artist and instructor Dory Kanter shows you how to:

- Experience more fun and greater confidence drawing and painting.
- Express yourself and experiment everyday with an art journal.
- Reinterpret daily life with simple, beautiful sketches.
- Find painting inspiration in unexpected places.
- Paint freely, intuitively and passionately with a simple four-step approach.
- Create new forms of art, including watercolor mosaics, paper weavings and found object collages.

You'll also find 13 drawing, watercolor, mixed media, and assemblage projects, plus several "page-a-day" ideas.

With *Art Escapes*, you'll learn how to build an art "habit," one that brings joy with every stroke of your brush.

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