



The SAGE Handbook of Counselling and Psychotherapy (Sage Handbooks)

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Including new material on interpersonal psychotherapy, cognitive analytic therapy, pluralistic therapy and

mindfulness, as well as body psychotherapy, hypnotherapy, Asperger Syndrome, ADHD, and low self-esteem, this book continues to be essential reading for trainees or experienced practitioners alike.
Colin Feltham is Emeritus Professor of Critical Counselling Studies, Sheffield Hallam University, Fellow of the British Association for Counselling and Psychotherapy, BACP Senior Registered Practitioner and former co-editor of the British Journal for Guidance and Counselling.
Ian Horton is now retired and was Principal Lecturer in Counselling and Psychotherapy at University of East London, Chair of the UKRC Executive, a BACP accredited counsellor and UKRC registered independent counsellor. He is a fellow of the BACP.
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