



# Queens of Mean: A Call for Action to Empower Girls to End the Vicious Cycle of Bullying Each Other

*Shirley Babilya Dickinson*

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## **Queens of Mean: A Call for Action to Empower Girls to End the Vicious Cycle of Bullying Each Other**

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*Queens of Mean* is an immediate call to action—to stop the bullying and emotional cruelty of girls toward each other in our schools and communities. The book personifies each emotional strategy as a “queen of mean,” identifying the need to empower girls toward more productive uses of emotion. Through this book, readers will be reminded or become more aware of the difficulties growing up as a girl in today’s society. The chapters include ideas to empower girls, celebrate individuality, and end the decades of vicious cycles where girl bullies then grow up to be women bullying in the workplace. Dr. Dickinson knows that some grown-up girls continue to be very mean to each other, and she hopes to help girls grow up to be women who care about and support each other.

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