



Biological Psychology

Suzanne Higgs, Alison Cooper, Jonathan H. X. Lee, Mike Harris

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Written to guide undergraduate students new to brain and behaviour through the key biological concepts that determine how we act, **Biological Psychology** provides a comprehensive introduction to the subject. It includes detailed coverage of sensation, movement, sleep, eating and emotions, with further chapters on the biological basis of psychological disorders and the effects of drug-taking.

Uniquely, the authors emphasize the importance of learning and memory as a key thread throughout and include advanced chapters on key research areas that push discussion further and encourage critical thinking, making this book appropriate for undergraduates studying biological psychology at any level.

Key features include:

- ‘Spotlights’ offering insights into key areas of research that expose the most important developing issues in the field today
- A clear structure including roadmaps and key points for each chapter to ease navigation through the book and understanding of the links between concepts
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