



Be the Best Grandparent (Teach Yourself)

The Grandparents' Association

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Is this the right book for me? "Be the Best Grandparent" gives practical advice and plenty of suggestions for fun activities to do with your grandchildren, whether you are far apart and see them infrequently or if you regularly see them. It also offers support and help for grandparents with caring responsibilities or family conflicts which prevent them from contact. Written on behalf of the UK's leading Grandparenting charity, the book shows a new grandparent how they can support the growth of their grandchild, with advice on behaviour and discipline, and guidance on how to be involved and supportive without interfering. Be the Best Grandparent includes: Chapter 1: Family life with a baby on the way Chapter 2: Support during pregnancy and adoption Chapter 3: Grandparents and the newborn Chapter 4: Grandparents and childcare Chapter 5: Feeding your grandchild Chapter 6: Money matters Chapter 7: Long-distance grandparenting Chapter 8: Having fun with your grandchild Chapter 9: Helping your grandchildren to learn and communicate Chapter 10: Disability within the family Chapter 11: In times of trouble Chapter 12: Stepchildren in the family Chapter 13: Maintaining visits to grandchildren Chapter 14: Grandchildren living with grandparents Chapter 15: Grandparents and teenagers Learn effortlessly with a new easy-to-read page design and added features: Not got much time? One, five and ten-minute introductions to key principles to get you started. Author insights Lots of instant help with common problems and quick tips for success, based on the authors' many years of experience. Test yourself Tests in the book and online to keep track of your progress. Extend your knowledge Extra online articles to give you a richer understanding of building your role as a grandparent. Things to remember Quick refreshers to help you remember the key facts.

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Linda Haag:

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Cleveland Bolton:

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