



# Biomedical Acupuncture for Pain Management: An Integrative Approach, 1e

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**Biomedical Acupuncture for Pain Management: An Integrative Approach, 1e** Yun-tao Ma PhD  
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Synthesizing biomedicine and traditional acupuncture, this unique clinical manual allows medical professionals to learn acupuncture and implement it immediately into practice with ease. **Biomedical Acupuncture for Pain Management** explains the biomedical mechanism of acupuncture, as well as the non-specific nature of acupuncture and its neuro-psycho-immunological modulation. This straightforward system of acupuncture – termed INMAS by the authors – provides a quantitative method to predict the effectiveness of treatment for each patient and an individually adjustable protocol for pain patients.

- **Introduction to the Integrative Neuromuscular Acupoint System (INMAS)**, as well as the Homeostatic Acupoint System (HAS), help western-trained acupuncturists understand classical techniques
- **A 16-point evaluation method** provides a reliable quantitative method to accurately arrive at prognosis
- **Clinically relevant, integrative treatment approach** in user-friendly language
- **Numerous detailed tables, photos, and line drawings** to help readers understand the anatomy, symptomatic signs, and clinical procedures
- **Clear chapters organized by regional condition** for easy readability and flow
- **Case studies** to assist with application of concepts in clinical practice
- **Unique, clinical procedures for pain management** with sections on examination and needling methods
- **Two appendices for quick reference** of acronyms, abbreviations, and the 24 homeostatic acupoints
- **Up-to-date information on the latest techniques**, including a chapter on electroacupuncture

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