



Wheels of Life: A User's Guide to the Chakra System (Llewellyn's New Age Series)

Anodea Judith

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As portals between the physical and spiritual planes, the chakras offer unparalleled opportunities for growth, healing, and transformation. Anodea Judith's classic introduction to the chakra system, which has sold over 200,000 copies, has been completely updated and expanded. It includes revised chapters on relationships, evolution, and healing, and a new section on raising children with healthy chakras.

Wheels of Life takes you on a powerful journey through progressively transcendent levels of consciousness. View this ancient metaphysical system through the light of new metaphors, ranging from quantum physics to child development. Learn how to explore and balance your own chakras using poetic meditations and simple yoga movements?along with gaining spiritual wisdom, you'll experience better health, more energy, enhanced creativity, and the ability to manifest your dreams.

Praise:

"*Wheels of Life* is the most significant and influential book on the chakras ever written."

? John Friend, founder of Anusara Yoga

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This Wheels of Life: A User's Guide to the Chakra System (Llewellyn's New Age Series) book is simply not ordinary book, you have after that it the world is in your hands. The benefit you receive by reading this book is information inside this book incredible fresh, you will get info which is getting deeper a person read a lot of information you will get. This Wheels of Life: A User's Guide to the Chakra System (Llewellyn's New Age Series) without we understand teach the one who examining it become critical in contemplating and analyzing. Don't always be worry Wheels of Life: A User's Guide to the Chakra System (Llewellyn's New Age Series) can bring if you are and not make your carrier space or bookshelves' come to be full because you can have it in the lovely laptop even telephone. This Wheels of Life: A User's Guide to the Chakra System (Llewellyn's New Age Series) having great arrangement in word along with layout, so you will not really feel uninterested in reading.

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The book untitled Wheels of Life: A User's Guide to the Chakra System (Llewellyn's New Age Series) contain a lot of information on this. The writer explains the woman idea with easy way. The language is very clear to see all the people, so do definitely not worry, you can easy to read this. The book was written by

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