



Primer for Treating Substance Abusers (Library of Substance Abuse Treatment)

Jerome D. Levin

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Is abstinence necessary? What is the role of hypnosis? What is the pink cloud? This encyclopedic primer, written in an easy question-and-answer format, contains everything a clinician needs to know about substance abuse and addiction. Dr. Jerome David Levin outlines the treatment of chemical and other addictions such as compulsive gambling, compulsive sexuality, and codependency.

He covers the full complexity of substance abuse diagnosis and treatment with a biopsychosocial approach and multimodal interventions, ranging from detoxification and rehabilitation programs to cognitive and behavioral treatments, self-help groups, and individual and family therapy. A clear, comprehensive book that presents an integrated picture of a complex phenomenon, this primer can be profitably read either straight through or as a reference text.

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