



Vegan: 101 Delicious Chocolate Vegan Diet Recipes to supplement a Vegetarian and Raw Vegan Lifestyle (The Ultimate Vegan Slow Cooker, Smoothies and Dairy Free Cookbook) (Volume 1)

Sam Kuma

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101 Delicious Chocolate Vegan Diet Recipes to supplement a Vegetarian and Raw Vegan Lifestyle
Read this vegan cookbook now on your PC, mac, smart phone, tablet, kindle device or paperback.

This book is for anyone who wants to go vegan but is afraid of living life without one of life's great pleasures - CHOCOLATE. Let this book open your mind to the possibilities of Vegan Chocolate recipes. It has a list of vegan recipes that include vegan chocolate sauce, vegan chocolate cakes, vegan chocolate bars, vegan chocolate ice-cream, vegan chocolate cookies, vegan desserts etc.

Here are the highlights of this vegan cookbook:

- How a vegan diet improves your long term health and benefits the eco-system.
- Vegan Chocolate Breakfast
- How a vegan diet improves your long term health and benefits the eco-system.
- Vegan Chocolate Cakes
- Vegan Chocolate Ice-Cream
- Vegan Chocolate Smoothies
- Vegan Chocolate Shakes
- Vegan Chocolate Smoothies
- Vegan Chocolate Candies
- Vegan Chocolate Frostings and Other Vegan Desserts

Why is this book special?

What differentiates this vegan dessert cookbook from other vegan dessert books is it gives you a vegan chocolate recipe for every occasion. You can have a vegan chocolate pancake for breakfast and a vegan chocolate cake for lunch desert; and also a vegan chocolate shake/cake at the end of dinner. It is also healthy on the body and the environment. It is more comprehensive than other similar books. "101 Chocolate Vegan Recipes" also wants to make sure that you can be vegan and still enjoy your favorite vegan desserts. No matter which vegan cookbook you choose, I would be glad to have you healthy and save the environment by adopting vegan recipes into your diet plan. It is indeed possible to have a healthy vegan diet plan without

losing chocolate in your life.

What Customers Say About This Book:

"If you think vegan chocolate recipes are boring, how about an Oreo blizzard? Oh - and speaking of oreos, while that brand is vegan, why not make your own? It's in there! You can even have chocolate for breakfast! I mean, it IS one of the major food groups, right? Most of the recipes consisted of things I already have in the pantry or are easily sourced. They seem easy to follow and a few have only 3 ingredients. Read that as something easy you can make when you are having a chocolate withdrawal that doesn't require getting out of your bunny slippers for a run to the store. I just had to try the 3 ingredient brownies - and they were delicious!" - Alicia Taylor

"I am so happy to have found this cookbook! I have a major sweet tooth, but because of my digestive issues, I can't be on a semi strict diet to feel good, and one of those food groups eliminated is chocolate. This book gives you recipes for clean desserts that you can enjoy if you can't have dairy or gluten." - Xtine

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From reader reviews:

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Darrell Mayo:

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Lorenza Jones:

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