



# Betty Crocker's Best Recipes for Low-Calorie Microwaving (Betty Crocker's Red Spoon Collection)

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## **Betty Crocker's Best Recipes for Low-Calorie Microwaving (Betty Crocker's Red Spoon Collection)**

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Featuring more than 100 recipes for great-tasting dishes that are low on calories, high on convenience, this cook book guarantees dieters quick, appealing meals time after time. Full-color illustrations.

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