



# Team Spirit: Life and leadership on one of the world's toughest yacht races

*Brendan Hall*

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## **Team Spirit: Life and leadership on one of the world's toughest yacht races** Brendan Hall

Team Spirit is a gripping account of a race on the edge, and a young skipper's determined journey to victory. The Clipper Round the World Yacht Race is the ultimate long distance challenge - a 35,000-mile circumnavigation of the globe, contested by amateur crews in identical racing yachts - and the winners are those who keep their focus the longest.

The 2010 winner was 28-year-old Brendan Hall and his crew in Spirit of Australia. Although Brendan was the youngest and least experienced skipper in the race, the win was no accident - it was the culmination of years of training, skilled navigation and a leadership style way beyond his years.

His leadership skills were soon put to the test - in the middle of a North Pacific hurricane, Brendan went to the rescue of an injured skipper on a competing yacht and skippered both boats across one of the most feared oceans in the world. Brendan's brutally honest, no-holds-barred account is revealing and instructive, with valuable lessons in leadership and management - as well as never giving up. Thrown in quite literally at the deep end, he is pushed to the limit, and learns lessons you can only learn the hard way.

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