



# The Perfect Smile: The Complete Guide to Cosmetic Dentistry

*James Doundoulakis, Warren Strugatch*

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The most important thing you wear is your smile! From over-the-counter whiteners to cosmetic dentistry, brushing to braces, toothpaste to floss, Americans spend billions of dollars each year in search of the perfect smile. Now one of the nation's leading dentists presents a concise guide for men and women who long for a bright, shining smile. This information-packed book covers all treatments and products available to today's consumer, and explores the financial and insurance considerations, effectiveness, duration, and risks of each. Topics include: tooth whitening, bleaching, bonding, porcelain veneers, inlays, implants, crowns and bridges, orthodontic braces, personal dental hygiene, how to choose a dentist, new technologies, and more. The psychology of the smile is also explored as is new scientific data regarding the impact of one's smile on success in work and romance. *The Perfect Smile* is ideal for men and women of all ages and makes a great family guide, too. Includes a coupon for a free toothbrush! 40 b/w photos.

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