



Secrets, Tips, and Tricks of a Powerful Memory: The Memory Shock Oh-So-Easy How-to-Remember User's Guide for Your Brain

Barry Reitman

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Learn the secrets to having an incredible memory. Give the simple lessons in this fast-paced, fun-filled, non-technical book twenty minutes a day and you will startle yourself with your ability to remember names & faces, important facts of all kinds, calendar dates, numbers, and where you put the car keys. Begin to use your new abilities from the first chapters, and use these skills in practical applications for a lifetime. You'll be better prepared for work, daily activities, public speaking, job interviews, and everything else you do.

Learn the tricks of the trade from Memory Shock founder Barry Reitman, with the same fun-to-learn material he teaches at the Continuing Education Departments of two community colleges of the State University of New York. He has also enjoyed excellent responses from groups including Long Island University's Graduate Campus for Education, Coldwell-Banker, First Investors, Florida's PAP Corps for Cancer Research, and trade associations around the country, as well as the New York City Police Department's Executive Training Unit. Twenty minutes of fun a day for three or four weeks will take to unimaginable levels. Many of the practice sessions are things you want to remember anyway, and most can be done while driving to work or school, mowing the lawn, or washing the dishes. These techniques are easily mastered and applied by youngsters and adults. For school, your job, or interviewing for your next job, feel the confidence that comes from being able to remember everything you want. Never again fear walking into a business function or party and meeting all new people. You'll speak to each by name throughout the day or night, and next week and next year!

Available with additional introductory material and exercises as a 4-CD Audio Set here on Amazon. (Search "Secrets Tips Tricks Powerful Memory 4-Disc")

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Irma Lovern:

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