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R?shi P.T.N.H. Jiyu-Kennett

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This book, first published as Selling Water by the River in 1972, is a practical and inspirational manual for all who wish to practice Zen. R?shi P.T.N.H. Jiyu-Kennett, the founder and former abbess of Shasta Abbey, expertly combines an introduction to the basic tenets of Buddhism with original translations of the teachings of Zen Masters D?gen and Keizan.



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