



Chinese Medical Psychiatry: A Textbook and Clinical Manual

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Chinese Medical Psychiatry: A Textbook and Clinical Manual provides a comprehensive text on psychiatry, connecting Western and Eastern concepts in this field. It serves as a reference source for both Eastern and Western medical students & practitioners as it bridges many of the gaps between these two systems and motivates one to rethink ways of addressing mental disorders in an integrative manner. This text is divided into three "books". The first book presents a thorough introduction of the theory & fundamentals of psychiatry in Chinese Medicine. It discusses the history of Chinese medical psychiatry, provides commonly used point and herbal prescriptions and discusses the integration of Western and Eastern viewpoints. The second book addresses 21 of the most common Chinese Essence Spirit diseases ranging from irritability to profuse dreams to epilepsy. For each disease category, it provides sections for nosology, differential diagnosis, epidemiology, etiology & pathophysiology, Western medical treatments, advantages & disadvantages Western treatments, indications for referral to Western medical services, Chinese disease cause and mechanisms, and treatments based on pattern discrimination. The third book discusses the treatment of 12 familiar Western psychiatric diseases with Chinese Medicine. It provides the same sections as listed above for each of these conditions. Diseases range from Attention Deficit Hyperactivity Disorder(ADHD) to Bipolar Disorder to Obsessive Compulsive Disorder (OCD).

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