



**Map of the Mind: A quick overview of many psychological therapies to improve every issue of human nature. (Dr. Mark Kailing's Self-Mastery Lecture Series) (Volume 4)**

*Mark F. Kailing PsyD*

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Imagine you are sitting in a small lecture room listening to profound ideas about human nature and how to effectively strengthen every area of your life. These deep topics are taught in an environment of love and concern for you. They are explained so simply that you are able to come to your own conclusion about each subject quickly. This is what the Self Mastery Lecture Series is. Dr. Kailing was a Psychologist for 16 years serving clients in California, Nevada and Utah. Even through cancer treatments he never quit working. He loved to teach. During his education a professor taught him, “You don’t truly understand something until you can explain it simply”. This led Mark to develop simplified theories on life, personality, the Universe, truth, core fears and more. His ability to make the profound simple is what made him a great teacher and leader. He always lectured with a big smile on his face and spark in his eye. He was inspired by those who also desired to grow and improve in life. Dr. Mark passed away on May 21, 2013 after battling cancer for three and a half years. His example and influence have been felt by countless family, friends, clients, and colleagues. At the time of his death, he and LaDena had been married for 21 years and were raising their five children, Andrew (16), Aubrielle (15), Ammoriah (12), Ava (8) and Amari (4) in a home filled with adventures and love.

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