



Comfort and Spice (New Voices in Food)

Niamh Shields

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Full-flavoured, generous and easy to reproduce recipes have won food blogger Niamh Shields a huge following as well as critical acclaim (The Times included her in its top ten food bloggers from around the world). Now for the first time her adventurous though frugal food and warm, bright writing style is collected in a book. Niamh's gastronomic curiosity has gathered together the cookery of her native Ireland, in such dishes as the Cork speciality spiced beef, exotically greedy but delicious Asian chicken skin skewers, and elegant raspberry and ricotta tarts, in dishes that embrace the passing of the seasons, the foods of the world, and both the intimate and celebratory occasions of a modern life ...not forgetting what to do with leftovers. Comfort & Spice is also sprinkled with Niamh's passions, such as making your own butter and cheese (easy!), slow-cooked pork in all its forms, and the delights of edible flowers. Always keen to produce spectacular meals on a budget, Niamh reveals how to treat just six or seven jars of spices as a palette to accent each dish you cook. This is a book both to read in bed and to splatter with sauce next to the stove, whether you're a nervous novice - a group of potential cooks very close to Niamh's heart - or simply someone who wants to make their food sing.

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