

Basic Concepts in Modern Dance: A Creative Approach (Dance Horizons Book)

Gay Cheney

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Basic Concepts in Modern Dance: A Creative Approach (Dance Horizons Book) Gay Cheney An introduction to modern dance and body movement techniques, this guide begins with an overview of the history of modern dance and proceeds to a discussion of basic body movement, improvisation, and choreography. A series of clearly photographed exercises enables the dancer to execute each movement properly and to learn to use the body more effectively and expressively.



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