



Personality Psychology: Understanding Yourself and Others

Jean M. Twenge, W. Keith Campbell

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For courses in Personality Psychology

A modern approach to personality that harnesses students' curiosity about themselves and their peers
Personality Psychology: Understanding Yourself and Others presents an up-to-date overview of arguably the most interesting and relevant subfield in psychology for today's undergraduate students. Committed to teaching students about personality psychology as well as about life itself, authors Jean Twenge and W. Keith Campbell address students' most pressing questions about friendship, relationships, health, happiness, and more. Designed to appeal to today's students — who are enmeshed in online networks and fascinated by their own personalities — *Personality Psychology* presents theory and research in a fashion that is both engaging and accessible, with plenty of opportunities for students to share their opinions and explore their own experiences.

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