



# **The World of Spice: The Complete Culinary and Historical Guide with Over 150 Inspirational Recipes**

*Michael Bateman*

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Part two of the book is an illustrated encyclopaedia of over 60 spices in all their various forms, including roots, bark, berries, seeds, flowers, leaves, fruits, vegetables, nuts and resins. This extensive directory explores the appearance, aroma, taste, commercial value, distribution, cultivation, preparation and domestic and medicinal usage of each individual spice. It includes common favourites such as chilli, ginger, nutmeg and pepper as well as the more mysterious and exotic varieties such as annatto, epazote, mastic and zedoary.

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