



Fresh Start for Poultry (Fresh Start Cookbooks)

Julee Rosso

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Superstar chef and coauthor of the bestselling Silver Palate Cookbook, Julee Rosso brings her cooking expertise down to earth with simple recipes and techniques designed to make healthy cooking easy--and delicious. Forget about giving up the foods you love. Rosso shows you how to modify cooking methods to achieve maximum flavor and health. In Fresh Start for Poultry, she'll teach you inventive ways to use chicken and turkey in your daily diet. Inside you'll find such delicious creations as:

- One Thousand Spice Chicken
- , Everyday Garlic Chicken
- Turkey Paillard Piccata
- , Lime Chicken Fajitas
- Turkey Pesto Grilled Cheese

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