



The Adult Student's Guide to Survival & Success

Al Siebert, Mary Karr

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Whether enrolling in college for the first time or returning after an extended absence, this one-stop reference provides adult students with a wealth of practical guidance once they hit campus—either brick and mortar or online. This thorough guide explores not only how to succeed academically while balancing family, work, and other important responsibilities, but also addresses how students can learn to confront their fears, increase their self-confidence and resiliency, and create learning support groups. The handbook contains essential information on financing education through loans, grants, and scholarships, as well as practical tips for managing time, preparing for tests, taking effective notes, and using internet resources. Now in its seventh edition, *The Adult Student's Guide to Survival & Success* has both stood the test of time and evolved with it.

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