



Think to Win: The New Approach to Fast Driving

Don Alexander

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Author, racer and Circle Track magazine editor Don Alexander helps you develop powerful mental skills like visualization, anticipation, concentration, and setting priorities. These skills add speed and drop lap times, but can be difficult to master without the right guidance. Think to Win brings new insight to basic but demanding driving activities like accelerating, turning, and braking. Learn how to manage weight transfer, save tenths of seconds in qualifying, take segment times in a corner to identify and correct mistakes, even how to communicate with your crew to fix handling problems. No matter whether you're racing on paved oval tracks, dirt tracks, speedways, or road courses, Think to Win will help you to become a faster, winning driver. If you're a race fan, Think to Win will give you a whole new perspective on what it's like to drive a Winston Cup car. As Mark Martin puts it, "Don helps you understand the challenges we face out there so you can answer your friend when he turns to you and says, 'Man, why doesn't he just pass that guy?' " Whether you're a dedicated enthusiast or a serious engine/chassis designer, in Think to Win you'll find definitive, useful information on the design and building of performance automotive systems.

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